



KHQ September 2024

quiltskingston.org/khq/

September 2024

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2024 Fall Meeting Dates: Sept 3, 17; Oct 1,15; Nov 5, 19; Dec 3; (Note on bad weather days, we will Zoom. Watch your email.) Note all meetings fall on TUESDAYS.

We will meet at St. John's Anglican Church in Portsmouth. Open 9:30 am to 3pm. BYL (Bring your lunch).

Welcome to the 2024-25 Quilting Season

Welcome everyone, to another year of quilting. This year we hope to continue having fun viewing the quilts and wall hangings made by members. If you haven't shown us your quilts, please see Mary Ann McA and sign up to share them on a date that is suitable for you.

This year we will continue making baby quilts for Kingston General Hospital. Whether you prefer to cut fabric for the quilts, sew blocks together, practice your machine quilting or put on bindings, there is one or all these jobs available for you. It is hoped that every member can make at least one baby quilt during the year. See Peggy McA for what she needs to have done and what you like to do.

We hope to begin quilting on our Sampler quilt again. If you can, try to spend at least 30 minutes at the frame each meeting and then go to some of the other projects. If everyone does this, the quilt will be finished in no time at all. However, if few quilt, it won't get finished in time for the Show. If you feel rusty and would rather quilt on a small quilt, we've got that covered too. Just ask Donna.

And then we come to our Hexies! We are all busy making hexagons. Mary Ann McA will be directing us as we design our quilt. All input is welcome. Look through books including



those from our library (see Ros), magazines, and the web to see if you can find some interesting designs using hexagons. Please share with Mary Ann McA and friends. Maybe something will inspire us to do something entirely different, like what happened with the Canadian Landscape Quilt! You never know what might happen.

Finally, do share what you are making. If you have any questions or problems, bring them to us. Someone is bound to have an opinion of how you might proceed. You will probably go home with a few solutions to choose from!

Most of all, have fun! Fabric is wonderful cut up and sewn back together! Enjoy the sewing ladies ... we admit we are a little crazy, but we do have fun! We hope you all take the time to enjoy yourself with us! Life is too short not to do so.

Let's go quilt!



A summer retreat on the shores of Lake Ontario watching the Amherst Ferry sail by.

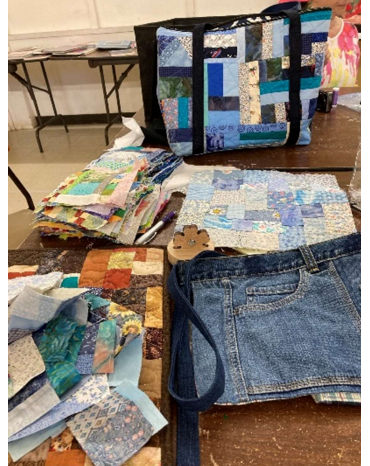




Jeannine's project from a little shop in Bakewell, England.
 "My husband and I have visited most of the places on it which is why I bought it. Still the gold work to finish this fall."



September 3rd meeting



Above: Simone's thrifty and scrappy summer projects.

Below: Mary Catherine's flimsy.





Mary's and Alysha's hexagon projects differ in size! Alysha is sourcing vintage linens while Mary is looking for miniature prints as shown in the photo below. R) Anjali's fabric bowl.



Ros shared this photo from the last meeting in June of a hexie sewing circle. Just a few more hexies to meet our target. Stacks of 10 pictured on the right. Last count 270 +



Francine shared ways to organize. On the left, the plastic caddies to bring to meetings with required tools and supplies. On the right, project bags, especially handy for attending retreats.



Anne with can tabs collected for charity.



"Don't cry Mavis! ANYONE could stitch herself to her quilt."

A promotional graphic for 'Stitch by Stitch Kingston'. The left side features a circular logo with the text 'stitch by stitch' in a stylized font, surrounded by colorful floral and fabric patterns. The right side is a purple rectangular area with white text. The text reads: 'Grow your skills with us!', '550 Days Road Kingston, ON 613-389-2223', 'VISIT US IN STORE OR ONLINE', and 'StitchByStitchKingston.com'.

Grow your skills with us!

550 Days Road
Kingston, ON
613-389-2223

VISIT US IN STORE
OR ONLINE

StitchByStitchKingston.com

Baby Quilt Report

Our group was given a certificate from the Hospital Auxiliary to thank us for our ongoing donations. Bernice knit five baby blankets over the summer. Bernice also bound eight baby quilts. The blankets and quilts have been given to the hospital's Hugs Program.

Thank you all who help make this happen. I enjoy working with you.

Peggy



Canadian Feed Bags-Recycled Then & Now

Their stories and their quilts

Nina Stahlschmidt

Published by Qwiltr

Jordan, Ontario 2006

Depression Flour Sack Underwear

When I was just a maiden fair,
Mama made our underwear.
With many kids and Dad's poor pay,
We had no fancy lingerie.
Monograms and fancy stitches
Did not adorn our Sunday britches.
Pantywaists that stood test
Had "Swans Down" on my breast.
No lace or ruffles to Enhance,
Just "Jockey Oats" on my pants.
One pair of Panties beat them all,
For it had a scene I still recall-
Chickens were eating wheat
Right across my little seat.
Rougher than a grizzly bear
Was my flour-sack underwear,
Plain, not fancy and two feet wide
And tougher than a hippo's hide.
All through Depression each Jill and Jack
Wore the sturdy garb of sack.
Waste not, want not, we soon learned
That a penny saved is a penny earned.
There were curtains and tea towels, too
And that is just to name a few,
But the best beyond compare
Was my flour-sack underwear.

Author Unknown

LIFE HACK:
If your house is a mess, spend all day in your sewing room so you don't make it any messier.

quilters candy

Fabracadabra

Fab-Rah-Kuh-Dab-Rah
{noun}

A mystical word or expression used when fabric magically appears in your stash, closet or trunk of your car.

www.sewmuchmoore.com

Sew Much Moore
in store

Snippets

THIMBLE COLLECTION

I have 21 thimbles...new, antique and from various countries. Also, I have a couple of antique pin holders plus two other antique pieces which are hard to describe.

Would anyone be interested in this collection?

Please contact Sally Hutson

Job Market

KHQ Executive is looking for candidates to fill various roles. Easy application process guaranteed.

Upcoming Events

Trip to ROM

This info was in the Limestone Quilters Newsletter but open to all.

The trip is booked through McCoy bus tours on October 26, 2024.

Leaves at Toy-r-us parking lot SW corner at 8:00 am.

One stop on way.

Includes admission to museums and special exhibits. Group tour 1-2 pm and a museum scavenger hunt 2-4 if you wish. Time to see other exhibits. We are there from 12 to 5.

Stop for supper at Mandarin in Pickering.

In Kingston by 9:30pm.

Cost \$156.05, seniors \$152.05

Call to reserve 613-507-5566

Brockville Museum History Talks

Weaving Community with the Mississippi Valley Textile Museum

Date: Thursday, September 12th, 2024

Time: 2:00 pm

Cost: \$5.00 plus HST (\$5.65)

Michael Rikley-Lancaster will introduce guests to the Mississippi Valley Textile Museum, highlighting such things as the building, accomplishments, the history, and the community it represents. Michael will also present quilts from the Mississippi Valley Textile Museum's permanent collection.

Reservations are recommended as capacity is limited. If you would like to reserve your seat in advance, please contact the museum by phone (613-342-4397) or drop by during business hours. A non-refundable (unless canceled by the museum) payment of \$5 + HST (\$5.65) is required at time of booking. Credit card payment can be made over the phone.

More information can be found on website: www.brockvillemuseum.com

Courtepointe Quebec 2024 Exhibition of quilts and textile arts

The 2024 Fair will be held October 3rd to 6th 2024.

It will take place at Espace St-Hyacinthe, in the La Coop pavilion.

More info: [Home - Exhibition | Quebec Quilt \(courtepointequbec.com\)](http://Home - Exhibition | Quebec Quilt (courtepointequbec.com))

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“Yoga for Quilters” offers gentle classes, using pillows, straps, yoga blocks or big books, all from the comfort of your home. If it is raining, snowing, or hot outside, we don't care! Come stretch and relax with me.

Wednesdays 9-10:15am Enjoy Gentle Yoga.

Fridays 9-10am Enjoy Chair Yoga.

You are encouraged to move within the range of motion of your body and with your breath. These classes will help you become more aware of what's going on in your body and mind, ending with a full relaxation, bringing more energy to your body for the day ahead, preparing you for important tasks, like quilting. Enjoy the company of fellow quilters before and after class. For more details and to register, visit yogaforquilters.ca or talk with Donna.

Certified Yoga instructor: Donna Hamilton, yogaforquilters@gmail.com